
Trainers

About Bridge Builders



Colin Patterson is Assistant Director of Bridge Builders, and an Anglican priest. He has worked as a training officer for the Diocese of Durham, and is an experienced adult educator. Author of the Grove booklet *How to Learn Through Conflict*, he is also a contributor to *101 Great Ideas for Growing Healthy Churches*.



Colin Moulds is Executive Director of Bridge Builders and has been providing training, mediation and consultancy services in both the workplace and churches since 2009. Colin's wealth of experience in Leadership and Management is built from 23 years with the world's largest mobile telecommunications provider.



Bridge Builders seeks to transform the culture of the church in relation to how leaders lead and the way conflict is handled. We aim to strengthen the ministry of Christian leaders, by helping them to be more self-aware, and to develop greater skills, confidence and resilience for working with tensions and conflict in the church.

Bridge Builders offers a range of training courses and workshops, and leads tailored learning events on request. In addition we provide coaching, consultancy and mediation services.

Find out more at www.bbministries.org.uk

'Bridge Builders' is a working name of Bridge Builders Ministries.

Registered charity no. 1145235.

*Registered in England:
company registration no. 7336077.*

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Managing Yourself Using the Gilmore–Fraleigh Style Profile

**A workshop training day for
people in church leadership**

Thursday 8 December, 2016

Bloomsbury, London

9.30–4.30

Transforming church culture
The way leaders lead and how conflict is handled

Managing Yourself, Using the Gilmore–Fraleigh Style Profile

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Want to unlock more application of the Gilmore–Fraleigh Style Profile?

This workshop is designed for people who have been introduced to the four "Gilmore–Fraleigh styles" during a Bridge Builders foundation course, and who can already see the style profile's potential as a tool for self-management. The content assumes that you are at least somewhat familiar with the material produced by Friendly Press, and have gained useful insights from knowing your own style profile. Putting it another way, you have an idea about your "colours"!

What's this workshop about?

Each of the four styles has its own set of "triggers": things that help someone to behave constructively; things that precipitate "excess". This is useful information. Being aware of your own triggers, and making sensible guesses about other people's, can help you to build better relationships, and become more deeply rooted in the peace of God.

The material in Gilmore & Fraleigh's booklet, *The Friendly Style Profile for People at Work*, and in Bridge Builders' training manual for *Transforming Church Conflict*, can be used as the basis for prayerful personal reflection, and for developing useful habits. It is worth re-visiting regularly, by yourself, or in conversation with a soul friend. Come on this workshop to get familiar with a framework for reflection—then go on using it.

Programme

Running from 9.30am to 4.30pm, the programme includes worship, presentation, personal reflection and group discussion.

You'll get:

- A refresher on basic ideas of the style profile
- More ideas for getting the best out of others
- A guide for understanding when your behaviour tips into "excess"
- A chance to work on a personal case study
- Keys for managing your own behaviour
- Tools for mentoring others
- Reflection on the example of Jesus

Cost

£65 per person

This includes training materials, refreshments and a simple buffet lunch.

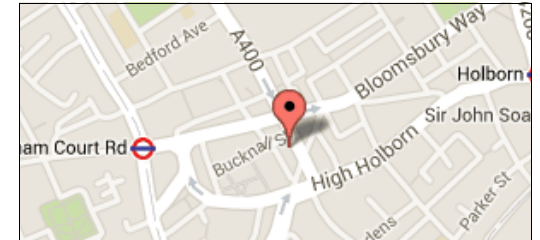
Venue

Bloomsbury Central Baptist Church

235 Shaftesbury Avenue

London WC2H 8EP

www.bloomsbury.org.uk



The venue is situated at the edge of Covent Garden, close to the junction of New Oxford Street and Shaftesbury Avenue. The nearest underground stations are Tottenham Court Road, Holborn and Covent Garden. The nearest car parking is on Bloomsbury Square, Museum Street and Great Russell Street. There are meters on the surrounding streets.

How to Book

Please complete the online form at www.bbministries.org.uk (under Training/Workshops) and then pay the fee, to secure a place.

Cancellations before Monday, 28 November 2016 will receive a 50% refund. Thereafter no refund will be provided.

Full contact details for Bridge Builders are on the back panel.

